Global citizenship at Blackburn High School

We warmly welcomed the staff and students from our sister school in Shaxi High School in Sujo Province in China and a representative from World Vision on Monday 3rd August during the whole school assembly. We were impressed with the visitors singing the Chinese National Anthem and by the musicianship of one of our students Fiona Zhang who played the Chinese zither with dexterity. The Blackburn High School community thanks the families that have opened up their homes and generously agreed to host the Chinese students and teacher. This cultural exchange is in its second year and has provided visiting students with an opportunity to be immersed in the Australian culture and has helped to break down the barriers of language and distance. Furthermore, it encourages a deeper understanding of community perspectives and promotes diversity and tolerance. On behalf of the school community I would like to acknowledge the contribution of Aaron Bear and Jacinta Thompson who have worked tirelessly to make this exchange possible. Our students at Blackburn High School are correspondingly provided with opportunities to experience exchanges to both China and Germany.

In addition to exchange programs, global citizenship is also promoted through participation in the World Vision 40 Hour Famine where students are encouraged to take the time to reflect on the plight of young people around the world who are less fortunate than themselves by giving up something that they value. We are very proud of the small but very enthusiastic group of Blackburn High School students who have instigated this fundraising event and hope that our school community supports this worthwhile cause.

Planning for the 2017 Curriculum Model

At Blackburn High School we are continually working towards improving student progress and achievement. I am very pleased to announce that over the next few weeks we will commence work on the development of a new 2017 Curriculum Model that involves an extensive review of what and how we teach. We will investigate the optimum time required to effectively teach the Year 7-10 core and elective subjects, VCE subjects as well as the High Achievers and Global Learning programs. This review will result in a new timetable and improved teacher practice that will provide us with the platform for the delivery of an outstanding Blackburn High School Learning and Teaching Program. The working party includes the principal team, leading teachers and representatives from the key learning areas and will regularly report back to the staff and school council. The new Curriculum Model will be a key component of the 2017-2020 Strategic Plan.
Term 3 is now well under way and is proving to be another busy term. The arrival of Joanna Alexander as the new Principal of Blackburn High has meant the Principal team has much to discuss about the future of the school. We are continuing with our review of our structures with the aim of imbedding our Blackburn Teaching Way as well as auditing our current curriculum. Work will continue on this review with implementation in the 2017 school year.

I had the pleasure of accompanying 26 students and 2 staff on the cultural tour of Germany and Switzerland the last week of term and school holiday period. The students all had a wonderful experience meeting people, experiencing German culture, visiting so many famous sights and landmarks of historical significance. The highlights were dramatic change in Berlin since the reunification and the rebuilding of the city since the Second World War, the medieval town of Rothenberg with its famous Christmas shop and the old and new part of Nuremberg famous for being the centre of the Nazi Party and subsequent war crime trials. The other cities we visited Munich, Lucerne, Bonn, Dresden and Frankfurt all having their unique characteristics providing a wonderful experience of German culture. Another highlight was the visit to the Sandhausen School in Heidelberg where our students experienced life in a German school. They were assigned a buddy to take them around the school and visited a range of classes. We were amazed how well the German students spoke English and they were interested to meet our students. As a result about 15 of their students are visiting in October. We are looking for host families for this visit if you are interested please read the information Nicole Taylor has placed in the newsletter or contact her at school.

Meanwhile for the Year 12 students we start getting to the ‘business’ end of their secondary schooling. It was great to see so many parents of senior students making time to meet with their child’s teachers during our recent SPC (Student Progress Conferences). We all know that feedback is a vital part of the learning cycle and that improvement can only be achieved with targeted well directed feedback. Thank you to all the staff for giving up their evening to talk with parents and students.

I have just returned from a day trip to the Music Camp, see the Music report for more details. But I have to say watching the staff and students in all the various groups is quite exhilarating. The improvement they achieve over the short time is remarkable and is a vital part of their musical development. Students practice have 5 practice sessions each and were in large ensembles with their conductors and staff assisting in amongst the playing group helping and refining technique. The students then broke into smaller sectionals where they would run their own practice session. This provided valuable leadership experience for a number of students developing their confidence. The group developed teamwork and unity, most important skills when playing together. A big thank you to all the staff who gave up their time to attend camp and also for Jemima Bunn for organising this event. This will give the students confidence to perform to the best of their abilities in the upcoming competitions but more importantly has developed their musical skills.
We are eSMART

Our school is proud to announce we are now officially an eSmart school.

Since we first registered with the program, we have introduced many new policies and activities to improve the way our school manages cybersafety, bullying and cyberbullying.

We feel confident our students, staff and the wider school community are now well supported to be smart, safe and responsible users of digital technology.

We encourage everyone in the school community to continue to uphold and promote eSmart behaviours, at school and at home. If you are aware of any incidents of bullying, cyberbullying or risky online behaviour, please contact your mentor teacher, house leader, school welfare officer or chaplain.

What is eSMART?
eSmart Schools is a behaviour-change initiative in over 2,200 schools across Australia. The eSmart Schools Framework is designed to help schools improve cybersafety and reduce cyberbullying and bullying.
Information about the program can be found at—https://www.esmartschools.org.au/Pages/default.aspx

Return or Purchase of School Netbooks

As outlined in an earlier newsletter and via Compass newsfeed, we are planning to sell our school netbooks to students who are currently in possession of them. We would like to offer you the option of purchasing your child’s device at a cost of $50. If you choose to purchase your child’s device they will remain connected to the school server and have access to most of the programs they have currently whilst enrolled at the school. Please note that some software will be removed at time of purchase due to licensing issues. Once your child has left the school the programs and operating system on the device will remain active for up to 90 days, after this time you will need to purchase the software you require.

♦ Details of the purchasing process have been uploaded to Compass newsfeed.

Before you purchase a device we recommend that you have it checked for any warranty issues as well as have it tested and tagged in terms of electrical safety. Once sold the school will no longer be responsible for the devices and any repairs required after this time will become the responsibility of the owner of the device. The school will offer support in terms of software issues and access issues but not repairs to devices.

A schedule has been organized for this checking and testing process to occur beginning this week, August 3rd, for our VCE students. All details of which classes are scheduled for which days are on the student Compass newsfeed. Students in other year levels are scheduled in coming weeks and will need to ensure that they check the newsfeed for details.

If you decide NOT to purchase your child’s device it will need to be returned to the school by September 4th. At this point we will organize a refund of your deposit minus any damage costs. There will be no refund for devices which are not purchased or returned by the due date plus these devices will have software removed and be removed from having access to our school network.

If you are planning to return the netbook and purchase a new device for your child we would encourage you to purchase a Microsoft Surface or ACER device as per our BYO Device school policy. The full policy booklet can be found on the school website.

I have a conviction that it is only when we are put at full stretch that we can realise our full potential’    Sir Edward ‘Weary’ Dunlop.

WHAT A GREAT DAY
THE DUNLOP HOUSE FUNDRAISING BBQ AND HOT CHOCOLATE DAY
A huge thank you to the school community for helping us raise over $2000 for the Weary Dunlop Medical Research Foundation
Claire Greve  
Dunlop House Leader

“I have a conviction that it is only when we are put at full stretch that we can realise our full potential” Sir Edward ‘Weary’ Dunlop.

Who Wants to be a Millionaire  
D10 bravely taking on the Dunlop Mentor group leaders -

Our Year 8 Night of the Notables  
WINNERS

Cameron, Stefanie, Brendan, Rory and Georgia

Congratulations on your great work!
Celebrating the wonderful creative talented Freeman students:

Tran Tran Bui F3
Naomi Bai F7
Anamika Joshy F6


**Student achievement.**
Best wishes to Kathryn Attleir who is participating in the upcoming Highland Dancing competition. We wish you well and look forward to hearing about your progress.

**Subject selection.**
Thank-you to all parents or guardians who helped their son and/or daughter fill in the subject selection form. Being involved in discussion about future pathways help students make appropriate choices.

**Learning Task assessment**
This week in the mentor program three sessions were allocated to students to view their recent learning task grades, scores and importantly feedback. I would encourage parents to also read the feedback from teachers to assist their son or daughter with their learning. This demonstrates the value of education to your child and involves you in their learning. Students were also given time to reflect on their goal progress.

**World Vision**
A number of students are again participating in this worthy cause. If you are able to sponsor them please do.


Below is information from the website about the cause.

“By giving something up for 40 hours, you can raise awareness and funds to help fight global hunger. You could give up food, furniture, technology, talking – anything that matters to you! This year you’ll be supporting World Vision projects in Bangladesh, Cambodia, East Timor, Laos, Malawi, Nepal, Swaziland and Uganda. The funds will go towards solutions like nutrition training for parents, child health services and better agricultural practices. With your help, children and families can break free from poverty and hunger.”

Mr Vezey
Freeman House Leader
CONGRATULATIONS HOLLOWS ON WINNING ATHS CHAMPIONSHIP
Well done to all of the students who participated in the Aths carnival earlier in the year. Hollows managed to take their fourth consecutive title with a narrow margin over Melba and the other houses. Well done to the Hollows students who were named as Age Champions. They were:

Patrick Quiton—Boys 16 Years
Skye Cody—Girls 15 years
Julian Scott—Boys 15 years
Lauren Schreiber—Girls 16 years.

Later in the month a number of students from Hollows will represent the school in the Interschool Athletics competition for the Whitehorse Division. Good luck to all students.

WELCOME TO OUR CHINESE FRIENDS
It was great to start the week with a fantastic celebration of international culture with an assembly for our Chinese guests on Monday. A big congratulations to the Hollows students who have offered their homes for the students from China to stay. These students who are providing homestays are:

Nori Mills
Carla Von Pickartz and
Julian Scott

MENTOR GROUP PRESENTATIONS
Well done to all our mentor groups who have done their presentations during House Assembly. H8 and H2 have both done presentations in the last few weeks. It is good to see students getting up in front of their school mates.

40 HOUR FAMINE
Congratulations to all of the students who have signed up to do the 40 Hour Famine. It is great to see young people try and make such a difference in our world. All power to you and please let us support these students and teachers as much as we can.

WELL DONE JULIAN
Congratulations to Julian Harris who again competed in the Stawell Gift this year. There is a great photo of Julian crossing the line below.
HOLLOWS HOUSE NEWS

HOLLOWS HOUSE PHOTOS
A big thanks to Adrian Mr Metheringham for taking a number of house photos over the last two weeks. He has taken a number of whole house as well as Mentor Group photos which we will display in our corridor. Some of these are shown here:
Student Learning

Reading and analysing Learning Task comments and the Cycle 3 report provides students with a number of strategies to implement this term as they seek to improve their learning during this semester. The main challenge with reflecting on staff feedback is actually doing it. Doing it and changing past practices, as most adults know, is often ‘easier said than done’. It is an ongoing challenge for students to convert the positive feedback they receive from their teachers into new learning strategies that will ultimately lead to an improvement in their outcomes. Students have just completed this reflective process in Mentor Groups this week. However we know that ‘practice makes perfect.’ So we ask all our parents to also read over the reports, Learning Task comments and begin a series of discussions with their children regarding their achievements and strategies for improvement.

School Uniform

Blackburn High School is an excellent school and all students should be proud to be a member of the Blackburn High School community. Being a member of our school community does entail having rights and responsibilities. A major responsibility for students is to wear the school’s uniform proudly, this involves students having ‘uniform uniform’ everyday. Parents have a responsibility of ensuring their son/daughter maintains the culture of wearing the Blackburn High School uniform correctly and proudly every day. On those days when this expectation cannot be met please ensure you contact the Melba House Office and speak to Sally regarding the matter or communicate directly with your child’s Mentor Teacher.

Transitions through the school

An important aspect of transitions through the school, as students move from one year level to the next, is related to the process of selecting subjects. This is a focus for Term 3 as students in Years 9-11 have recently completed their subject selection process. The aims of the subject selection process leading through guidance, selection and final enrolment are a key component in the development of the Mentor Teacher / student relationship. These selections should now be complete and the resultant COMPASS subject selection forms printed and returned to Mentor Teachers. We hope that parents of all these students have taken the opportunity to attend the relevant information evenings. If questions remain, please do not hesitate to contact either the Mentor Teacher or our Pathways Leader, Mr Terry McGann, to arrange a counselling session that you can attend along with your child.

Compass Newsfeed

Parents are reminded about the importance of regularly checking Compass Newsfeed for information and advice about upcoming events. Increasingly, Newsfeed is our preferred method of communication and there is an expectation that parents are aware of the information that is posted. Staff work hard to ensure that the information provided is relevant to specific students and year levels and it is important that parents are aware of what is happening in the life of the their child at school. If you are experiencing any difficulties with your COMPASS account please contact Sally at the Melba House Office for assistance.

Student Leadership

The student Leadership group will be visiting the Eastern Emergency Relief Network next week to discuss how we can best support their endeavors this year. We look forward to hearing of the visit, their conversations with the volunteers and their plan for the terms activities as we focus on assisting those in need. I know the students are excited about possibilities and demonstrating, once again, that they can and do make a positive difference in the lives of individuals and groups around them.

M Baxter
Year 8 Night of the Notables Award Winners

Night of the Notables was a resounding success this year. Our Year 8 students were challenged to put on the best displays ever, and the students of Melba rose to the challenge magnificently.

Best In Class

8MA - Jane Austin Fraser Clarke
8MB - Lady Gaga Enola Zammit

Major Prize Winners

As voted by parents, teachers and friends:

Best Multimedia - Kerry Packer presented by Caleb 8MA
Best Knowledge - Shakespeare presented by Emma 8MA
Best Presenter - Paul Walker presented by Has 8MA
X Factor (Handmade Item) - Rowen Atkinson presented by Lachlan 8MA

These students were all publicly recognized and rewarded at our recent House Assembly.

Congratulations to all students and teachers for the overall quality and depth of knowledge that made this event so memorable.

Apologies to all of the major winners but I must confess my favourite was the work that Lachlan did in creating Mr Bean’s ‘Teddy’. In order to be able to knit the teddy Lachlan first had to learn how to knit. So he spent 3 to 4 days with his grandmother mastering this skill. What a fantastic example of persistence and perseverance.
BUSY WEEKS AHEAD!!!

Reminders..... ..........VTAC........VTAC..........VTAC!!

VTAC is now OPEN – Complete with their impressive new and user friendly website. Our VTAC Information Night, as advertised on Compass, was held this week. We will be briefing all students shortly regarding the Preference selection process and each will receive the VTAC publication — “The ABC of Applying.” There is plenty of time for students to familiarise themselves with the procedures as Preferences are open until September 30. Any Year 12 student wishing to apply for courses needs to visit www.vtac.edu.au. Timely applications close on 30 Sept. After that the application fee rises from $29 to $95. You can apply for up to 12 courses, placing them in the order you most want them. You will receive an offer early in 2016 for the highest course in your list for which you meet the requirements (eg ATAR). You will be able to change your application at various times from 3 August through to February 2016. Check out prerequisites and selection criteria for courses you are applying (eg is there an interview, audition, folio presentation?).

SPECIAL ENTRY ACCESS SCHEME (SEAS) – The Victorian Tertiary Admissions Centre (VTAC) 2016 Guide has a section about SEAS (pages 43-54), www.vtac.edu.au/who/seas.html. Find out about eligibility for special consideration for your course application. There are four categories of disadvantage. NOTE: SEAS applications are made on the VTAC website, but can only be done after applying for courses (SEAS applications close: 6 October).

SOME OTHER EVENTS COMING UP AND CAREERS TO CHECK OUT..........

OPEN DAYS – Yrs 10 to 12 students— I hear several students enjoyed last weeks Monash Uni Open Day so don’t miss this great opportunity to see the campuses that interest you, attend information sessions about courses and careers, and get your questions answered. Here is a reminder of the main ones coming up—
Sun 9 Aug – Australian Catholic University (ACU) (Fitzroy); Deakin (Geelong campuses); La Trobe (Bundoora); RMIT; William Angliss Institute
Sun 16 Aug – Melbourne; Monash (Parkville – Pharmacy); La Trobe (Bendigo)
Sun 23 Aug – Box Hill Institute; Deakin & MIBT; Victoria (Footscray)
Sun 30 Aug – ACU (Ballarat); Federation (Ballarat & Gippsland)

HOW TO GET THE MOST OUT OF OPEN DAY VISITS – Don’t wander aimlessly....try the following: Get an Open Day Guide eg from www.deakin.edu.au/openday, www.openday.unimelb.edu.au, or http://destination.monash/open-day). Be there when relevant information sessions are on
Allow sufficient time for your visit; two hours or so would be advisable
Speak to staff about courses which interest you - note your questions beforehand
Get a student perspective - speak to students studying courses which interest you
Collect information/brochures
Ask about industry based-learning (IBL) opportunities; these can assist with gaining employment
Ask about international study opportunities – a popular option
Consider transport issues; is the campus accessible from where you live?
Check the environment where you will study; will you be happy there for three/four years?
Consider the facilities/clubs offered at your preferred institution

NOTE: If you plan to apply for a course involving an interview/folio presentation/ audition as part of the selection process, attendance is A MUST! You might be asked what you learned at Open Day.

YEAR 10 STUDENTS – information regarding tertiary entry for 2018 is now available on the VTAC website (find Publications heading at bottom of page and look in VICTER 2018)
UNIVERSITY OF MELBOURNE NEWS – ***New Bachelor of Agriculture for 2016 ***

Agriculture is a major contributor to the Australian national economy, and productivity growth is booming, more than in any other industry sector. In light of this exciting growth, the University of Melbourne consulted widely with industry, employers and graduates and the new Bachelor of Agriculture undergraduate degree was born – a degree that empowers students with the general, technical and problem-solving skills required to meet the high demand for graduates in agriculture.

It will provide students with breadth and depth of knowledge as well as key practical skills. Study soil science, plant science and animal science. Examine key aspects of agricultural production (food and fibre), from a scientific, economic, environmental and ethical point of view. Work in teams to apply your knowledge to solve key industry challenges – from improving animal production and welfare to addressing climate change and food sustainability.

Quick Facts:
Duration: 3 years full-time. Campuses: Parkville & Dookie. Optional practical semester at Dookie.
Entry requirements: 2015 Clearly in ATAR Score: 70.65 (will rise a little in 2016).
Applicants must have completed General Mathematics or Mathematical Methods (CAS), and have a study score of at least: 25 in English/English Language/Literature or 30 in EAL, 25 in Mathematical Methods (CAS) of Specialist Mathematics or 30 in Further Mathematics.


LATROBE UNIVERSITY NEWS –

EXPERIENCE THE OUTDOORS – Experience what it is like to be an Outdoor and Environmental Education student at La Trobe in the next holidays. The 5-day program, for Year 10-12 students, offers either climbing and bushwalking or paddling and bushwalking. When: 28 Sept-2 Oct; Where: Begins at Bendigo campus; Cost: $100; Info: www.latrobe.edu.au; Search - Experience the Outdoors.

MONASH UNIVERSITY NEWS –

STATISTICS – In the 2014-15 period, first preference applications for Monash increased by 3.5% (in a period of less VTAC applications overall). Monash ‘Guarantee’ and Special Entry Access Scheme (SEAS) places went up by 26.3%.

WHAT IS THE MONASH GUARANTEE? Potential to succeed at university is about more than your ATAR. The Monash Guarantee can provide you with a course offer even if your ATAR is below the 2015 Clearly-In. If you: have experienced financial disadvantage, are an Indigenous Australian or, attend a Monash University under-represented school (from 2015 it will depend on your home postcode rather than school). To find out more go to: www.monash.edu/guaranteedentry.

RMIT UNIVERSITY NEWS

RMIT FLIGHT TRAINING DAY – Students interested in a career as a pilot are invited to the RMIT Flight Training Open Day at Point Cook. Meet experienced flight instructors and learn about careers. When: 10am-4pm, Sun 23 Aug; Where: RAAF Williams Base Point Cook.

RMIT ADVICE TO INTERNATIONAL STUDENTS - CHANGING VISAS – International students transitioning from a school visa (571) to a higher education visa (573) are recommended to apply onshore. This can avoid delays and ensure applicants can commence classes on the expected date. Requirements are simpler too – www.immi.gov.au/Visas/Pages/checklists/Student-573-Assessment-Level-1-checklist.aspx. Advice is available from John Crowder (Registered MARA Migration Agent) at International Recruitment, john.crowder@rmit.edu.au.
**French cuisine lesson**

Learning about French culture the hands-on way!

At the end of Semester I Year 7 students learnt a lot of French words through their research of French food and reading the recipe for crêpes which they then made from scratch in class!

This cross curricular activity was loads of fun! Everyone had a go at making and flipping their own crêpe and then enjoyed it with some traditional toppings.

DÉLICIEUX!

Julia Beer
French Teacher
Blackburn High welcomed the opening of the new Technology: Material and Systems room at the beginning of Term 2 this year. This new classroom will enable students in Years 7 & 8 to explore both Electronics and Woodwork in a safe and practical manner.

The Year 7 & 8 students will undertake units where they will learn about safety and the design process while creating a variety of projects. Some of these projects will include a Flashing LED and a pencil case.

This new facility allows Blackburn High to better deliver these programs and permits us to offer Systems Technology to the Year 9 Students next year.

Year 7 desktop tidy

Year 8 pencil cases

Technology: Material & Systems room

Adrian Metheringham
Technology teacher

PINJARRA Cover Competition

Blackburn High School’s motto is “Ad Lucem Crescimus”, meaning “Growing Towards the Light”. This year we would like students to design a cover page for the school magazine, Pinjarra, that depicts the motto “Growing Towards the Light”.

Be creative and design a cover using coloured pencil, or paint, or Collage, or photography or a combination of mediums. It could even be an image created using a computer.

Make sure you include Pinjarra and 2015 in your design.

Designs need to be in A4 portrait format.

Submit your designs for the competition to your Art teacher or Ms.Angus before the closing date.

Closing date: 4/09/2015
Numeracy is such an integral part of our everyday life, and is highly integrated into tasks that often we do not even identify and acknowledge it as numeracy. Sometimes the numeracy involved is just considered to be common sense: ‘How many pizzas to order?’ Am I better off buying the 2 litre bottle of soft drink or two 1.5 litre bottles?; ‘how many pieces do I need to cut the oranges into for each team member to get 3 pieces?’ - they all involve numeracy skills.

Below are some examples of numeracy in the workplace:

- A carpenter may calculate the number of two-by-four studs needed in a wall of a given length, including extra two-by-fours needed around doors and windows and at the top and bottom of the wall.
- Café owners estimate the time that it will take for a meal to be prepared, based on past knowledge and how busy the restaurant is, so that they can inform the clients.
- Cleaners estimate the time to complete jobs. Factors to take into consideration include the extent of cleaning, the size of the building, problems encountered the last time and unforeseen factors such as pests.
- Contractors prepare simple quotes for labour plus 10% GST. More complicated quotes include a percentage mark up for materials, a payment schedule and a discount for early payment.
- An automotive mechanic is filling a 15 litre radiator. They calculate the volumes needed for a solution that is 60% coolant and 40% water.
- Health care workers measure the height and weight of patients.
- Chefs often need to scale recipes up or scale down using proportion.

There is an association between higher numeracy (& literacy) skills and better labour market outcomes (employment and salary)*. This suggests that with good numeracy skills you are more likely to be employed and earn more than someone with poor numeracy skills.

*Literacy and Numeracy Skills and Labour Market Outcomes in Australia, paper by Anthony Shomos and Matthew Forbes, Australian Government productivity commission
Student Representative Council (SRC) Update:

SRC 2015 are very excited about the inaugural Sixes Dodgeball Tournament which will be taking place in week 5 this term.

This project has been entirely driven by the SRC. It was their idea, they sought interest from students, created posters and sign up sheets and have now worked out the fixture and all the details, including putting together a teacher team for a Teacher vs Student match and creating the trophy—the Golden Wrench.

It has been inspiring to watch the SRC working on this project together to make it happen and everyone is looking forward to the competition.

Well done everyone!

*The Dodgeball Poster was designed by talented SRC Rep, Geena Chan.

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Rotary Citizenship Award

Another student has been recognised by the local community this year through the inaugural Rotary Citizenship Award for a Year 7-9 student. The award aims to recognise a student who has demonstrated leadership skills, acted as a role model to others and contributed to the community in some way.

I am very proud to announce Year 8 student, Luke Seymour, as the first Blackburn High School recipient of this award, in recognition for his work as a Mentor Group leader, his consistent hard work as a student and his fundraising for Bowel Cancer Australia.

Luke was presented with this award at a dinner, along with students from other schools in the local area.

Well done Luke!

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Visit to Parliament House

School Captain, Bonnie Hodge, and Dunlop House Captain, Sarah Turner attended the annual School Captains’ visit to Parliament House, along with Ms Dickson. This event gives student the opportunity to watch state parliament in session, speak to Members of Parliament as well as giving them a tour of the building. Well done to both girls for representing the school.
**Community Notices**

The school is publishing the above community notices because they may interest some students or community members, but the school is unable to endorse or recommend any of these advertisements.

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**Parent Information Forum**

**Building Resilience in Adolescents**

When young people are resilient, they cope better with difficult situations. They ‘bounce back’ when things go wrong. We all need resilience to navigate life’s ups and downs, so building resilience is an important part of child and adolescent development.

Research conducted by Resilient Youth Australia on over 16,000 young people gives us a clear picture of the strengths and vulnerabilities of young people as well as what we can all do to promote great lives for our kids.

In this forum clinical psychologist Andrew Fuller will explore how parents can assist their children and adolescents to build resilience. Andrew works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families. He is a Fellow of the Department of Psychiatry and the Department of Learning and Educational Development at the University of Melbourne as well as the author of Tricky Kids, Tricky Teens, Raising Real People and the newly published Unlocking your Child’s Genius.

**Date:**
Tuesday 1 September 2015

**Time:**
7.30pm-9.30pm

**Venue:**
Willis Room, Nunawading Civic Centre, 379 Whitehorse Road, Nunawading

**Bookings:**

**Further Information:**
Council’s Parent Resource Officer Molly Block on 9262 6175 or molly.block@whitehorse.vic.gov.au

**Cost:**
$10 payable on the night.
*Please note unfortunately we are unable to accommodate children in this forum.*
Tackling Anxiety and Building Resilience in Young People

Presented by Dr Michael Carr-Gregg

Wednesday August 12th, 2015

This is a Community Event
Everyone welcome!

Anxiety in children is a normal part of childhood development. But it’s estimated that 8-22% of children experience anxiety more intensely and more often than other children, stopping them from getting the most out of life. In this presentation one of Australia’s leading child and adolescent psychologists will discuss what is normal anxiety and what is not, what are the common anxiety disorders and what parents and carers might do to build happy and resilient young people.

Dr Michael Carr-Gregg works as a nationally registered child and adolescent psychologist. He is passionate about delivering evidence based psychology workshops and seminars that make a difference to the health and wellbeing of young people. His training and approach incorporates cognitive behavioural therapy (CBT), Acceptance and Commitment Therapy (ACT), mindfulness skills and interventions drawn from positive psychology research. He is a founding member of the National Centre Against Bullying and Chairs their Cybersafety Committee. In October 2010 - he was appointed the official advisor to the Queensland government on cybersafety. He is a Director of The Young and Well Cooperative Research Centre, an Australian Government Initiative administered by the Department of Innovation, Industry, Science and Research. Michael Carr-Gregg has extensive experience in the media and is currently a regular on the top rating ‘Sunrise’ program on Channel 7 and on Melbourne radio 3AW and is a frequent contributor to the Australian Print media.

Critical Agendas
Chaplaincy Program

Upcoming Community Event

The Parenting Teenagers Course is being run again, over five Wednesday evenings from 7.30pm to 9.30pm. The course is for parents, step-parents, or carers of children aged 11 – 18 years and includes practical talks via DVD, workbook and group discussion over supper. The course equips parents with tools and ideas to build strong relationships with their teenagers while guiding them towards adulthood. The session topics are Keeping the end in mind, Meeting our teenager’s needs, Setting boundaries, Developing emotional health, Helping them make good choices.

For further details see www.stalfreds.org/groups/families

Second Hand Uniform Shop

A reminder that the second hand uniform shop is open every Tuesday morning from 8:15—8:45am.

If you would like to donate uniform items you can leave them at reception or your child’s house office at any time.

At the moment we are in need of Sports Track Pants, Rugby Jumpers, School Ties, and Long-Sleeve White Shirts.

Thank you to all who have already donated uniform. It is greatly appreciated.

Remember: Donations of uniform not only give families the opportunity to buy items at a reduced cost, money raised by the sale of uniform and text books throughout the year is available for student needs and welfare.

Community Notices

The school is publishing the above community notices because they may interest some students or community members, but the school is unable to endorse or recommend any of these advertisements.

"Chaplaincy at BHS is partially funded by the Federal Government’s National School Chaplaincy Program".
BHS’s International Exchange Program

A World of Educational Experiences Awaits

Our International Student Exchange program provides students with a wealth of personal and educational experiences that will stay with them for the rest of their lives. It is a program that broadens students’ horizons and allows them to:

- travel within the host country and further afield with local students or other international students,
- Meet people from around the globe and develop new, often lifelong, friendships.
- Gain independence and confidence.
- Learn more about themselves and another culture.
- Attend classes in our sister schools.
- Be an Ambassador for Blackburn High School.

Students can choose from two International Exchange Programs visiting schools in Germany and China:

**Germany** - students are hosted by students from Friedrich-Ebert-Gymnasium (Sandhausen)

**China** – students are hosted by students from Shaxi High School.

**2015 German International Student Exchange Program – Host a Student from our Sister School**

You have a wonderful opportunity for your family to make global connections with a family just like yours from our German Sister School, Friedrich- Ebert-Gymnasium (Sandhausen), by hosting one of their delightful students when they visit Blackburn in October this year. The school is bi-lingual so the students have excellent English and of course if your child is studying German he or she will be able to practise their German. The student will join your family for 14 days with the student attending classes at Blackburn during that time.

Please note: Students do not need to be studying German to take advantage of this wonderful, cultural, learning experience, although this is an outstanding opportunity for students who are learning the language.

Contact Nicole Taylor to register your expression of interest in hosting a student and for more information, including dates etc.

Email: taylor.nicole.r@edumail.vic.gov.au (places are limited so please register early)

Students who host a Sister School student in October will automatically be given the opportunity to travel to Germany in June 2016.

**2016 German International Student Exchange – Visit our German Sister School, Friedrich- Ebert-Gymnasium (Sandhausen), Germany.**

If you would like your child to be part of our exciting, culturally enriching student exchange to our sister school in Germany in June 2016 please register your interest with:

Nicole Taylor: taylor.nicole.r@eduamil.vic.gov.au

The cost will be approximately $3,400 for 17 days and will be set up as a payment plan over the next 12 months ($700 deposit, then 10 x $270 monthly payments).

**2016 Chinese International Student Exchange Program**

A fabulous opportunity to visit this ancient and fascinating land which is a vital part of our Asia Pacific region. Students who have participated in the Global Learning Program or will be participating in 2016 are invited to express their interest in this outstanding cultural exchange program which will visit China in October, 2016. The 8 day program takes students to China where they will learn first-hand about the wonders of this mystical land and experience student life at Shaxi High School with their Shaxi buddy. The cost will be approximately $3,200.

If you are interested in your child having the opportunity to join this wonderful exchange please contact: Aaron Bear, Global Learning Leader. Email: bear.aaron.d@edumail.vic.gov.au
Blackburn High School Café Pricelist

Effective Term 3, 2015.

Sandwiches
Salad (lettuce, cheese, tomato, carrot, capsicum & cucumber) $4.00
Chicken, lettuce & mayo $5.00
Chicken & Salad $5.00
Ham & Salad $4.00
Egg and Lettuce $4.00

Must be ordered by end of recess

Extras
Roll $0.50
Mayo, mustard or pickles no charge

Wraps
Chicken, cheese, lettuce & mayo $5.50
Salad (lettuce, rocket, tomato, cucumber, carrot, capsicum
Red onion, cheese & salad dressing) $5.50
Ham, lettuce, egg mixture, cheese & Mayo $5.50

Must be ordered by end of recess

Soups
Soup will be available on a Thursday (in Term 3)
Soup of the day (with a roll) $4.00

Hot Food
Spinach & Cheese Roll (Vegetarian) $3.00
Aussie Meat Pie $3.50
King Size Sausage Roll $3.00
Shepherds Pie $3.50
Cornish Pastie $3.50
Spinach and Cheese Quiche/Quiche Lorraine $3.50
Sweet Chilli Chicken Strips $1.50 each
Steamed Dim Sims $1.00
Fantastic Noodles - Chicken, Beef, Mi Goreng & Oriental $3.50
Tomato Sauce .50

Available at recess
Pizza Slice – (Margherita/Hawaiian or Supreme) $3.50
Egg, bacon & cheese muffin $3.50
Omelette, hash brown and tomato sauce in a muffin $3.50
Freshly baked Cheese and Bacon Roll $2.50
Hash brown (baked) $1.50
Bite size Egg treats (Egg and Bacon or Spinach and Feta) 4 in a serving $2.00
Homemade muffins (Choc chip/blueberry/Banana/Apple Cinnamon $2.50
Party Pie / Party Sausage roll / Party Pastie $1.50
(Selection of hot food available - eg. Aussie Meat Pie, Aussie Sausage Roll and Vegetable Rolls)
**Blackburn High School Cafe**

**Daily Specials**

**Monday**
- Penne pasta with Napolitana Sauce (Vegetarian) - $4.50
- Nachos – served with sour cream (Vegetarian) - $3.50

**Tuesday**
- Baked potato in jacket served with butter, coleslaw, cheese and sour cream - $4.50
- Or served with Salsa, cheese and sour cream (Vegetarian) - $4.50
- Oven Baked Wedges - $3.00
- Nachos – served with sour cream (Vegetarian) - $3.50

**Wednesday**
- Macaroni - $4.50
- Oven Baked Sweet Chilli Chicken Strips and wedges - $4.50
- Nachos – served with Sour cream (Vegetarian) - $3.50

**Thursday**
- Soup of the Day (with a roll) - $4.00
- Chicken Schnitzel roll with lettuce and mayo - $4.50 each
- Nachos – served with Sour Cream (Vegetarian) - $3.50

**Friday**
- Sweet Chilli Chicken Wrap - $4.50
- Fried Rice - $4.50
- Nachos – served with sour cream (Vegetarian) - $3.50

**Snacks**
- Fresh fruit (in season) - $1.00
- Fresh fruit salad cups (Terms 1&4) - $1.50
- Low Fat Yoghurt and fruit Salad Cups - $1.50
- Homemade muffins (variety) - $2.50
- Country Delight Cookies - $3.00
- Red Rock Deli Chips (45g) - $2.50
- (Sea Salt / Sweet Chilli / Salt & Vinegar and Honey, Soy Chicken Chips)
- Fudge (Caramel/Chocolate) - $1.50
- Cup Cakes - $2.50

**Drinks**
- Water (600ml) – Cool Ridge - $2.00
- Water (750ml) – Cool Ridge - Pop top - $2.50
- Daily Juice – 300ml (Orange/Apple) - $2.00
- Gatorade - $3.50
- Real Iced Tea – 500ml - (Peach / Lemon / Mango / Green) - $3.50
- Soft drink (Pepsi Max /Coke Zero /Sugar free lemonade – 375ml) - $2.50
- Soft drink (Pepsi Max 400 ml Bottle) - $3.00
- Oak Light (300ml) - $2.00
- Oak (600ml) - $3.00
- Ice Break (500ml Iced Coffee) - $3.00
- Glee – Bubblegum/Berry/Strawberry - $1.50

**Hot Drinks**
- Flat White/Latte/Cappuccino (Small) - $3.00
  (Large) - $3.50
- Hot Chocolate (Small) - $3.00
  (Large) - $3.50
## School Calendar August 2015

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**Victoria Schools Music Festival Intermediate Senior Band**

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**Homestay Wanted**

We are looking for: Local families to host International Students from overseas who will be studying at Blackburn High School from Years 10—12. Homestay families are paid approximately $270- $280 per week. You must be English-speaking, willing to help the student(s) adjust to life in Australia and help improve their English through a variety of means. Please contact the International Students’ Program Coordinator Isabel Zhou on 8804 6464 if you would to have any further information please email: zhou.isabel.y@edumail.vic.gov.au

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**Have you lost your phone or spectacles?**

Please check at the front office as we have a lovely selection to choose from.