

## **Information for parents**

## Our commitment to the responsible use of digital technology

At Blackburn High School we are committed to building a culture of respect and responsibility. We show this in the way we use technology and interact online. We teach our students about responsible digital behaviours, including how to recognise and respond to online dangers and threats. We support students to develop the digital skills they need to make a positive impact in the world. We are intentional and discerning about our integration of digital tools into the curriculum, providing rich, interactive and personalised experiences, while ensuring a balance with offline learning opportunities.

#### What we do

### We set clear expectations



- We have clear expectations about appropriate conduct using digital technologies.
- Our <u>Mobile Phone Policy</u> outlines our school's expectations relating to students using mobile phones during school hours.
- We have clear and appropriate consequences when students breach these expectations, in line with our <u>Student Wellbeing and Engagement Policy</u>.

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#### We teach appropriate conduct

 We teach our students to be safe, intentional and responsible users of digital technologies, including age-appropriate instruction on important digital issues such as cybersafety and cyberbullying.



#### We partner with families

• We work with parents and carers to understand the digital technology-related issues they are facing at home. We support them with information and tools that help.



#### We provide access to technology

- We provide access to educational software for students to use.
- We create student email accounts which are non-identifiable.



#### We supervise digital learning

- We supervise students using digital technologies in the classroom, consistent with our duty of care.
- We use clear protocols and procedures to protect students working in online spaces



#### We take appropriate steps to protect students

- We provide a filtered internet service to block inappropriate content. Full protection from inappropriate content cannot be guaranteed, however, we have processes to report and act on inappropriate content.
- We may access and monitor messages and files sent or saved our network, if necessary and appropriate.



#### We appropriately manage and respond to online incidents

- We work to prevent, respond, and learn from issues or incidents relating to the use of digital technology, including cybersecurity incidents, cyberbullying and risks to child safety.
- We refer suspected illegal online acts to the police.



## How parents and carers can help

**Establish clear routines** 

Learning about technology and its impacts doesn't stop at the school gate. Below are our suggestions for ways you can support your children to responsibly use digital technology.

## Talk to your child about expectations including when, where, and how digital devices can be used at home, ensuring these rules are age-appropriate and consistent. These can include: Requiring devices to be used in a common area, such as a living room or study area Setting up a specific area for charging devices overnight, away from bedrooms, to promote better sleep hygiene. Restrict inappropriate content Use built-in parental controls on devices and apps to help manage their device access and restrict inappropriate content. Consider restricting the use of apps with addictive game mechanics (e.g. rewards, badges, limited exit options). Talk about online safety Talk with your child about the importance of protecting personal information, recognising online scams, and understanding and adjusting privacy settings on social media. Encourage your child to talk to you or another trusted adult if they feel unsafe online. Model responsible and balanced technology use Encourage a healthy balance between screen time and offline activities, especially outdoor

#### Work with us



- Let your child's teacher know about concerns you have regarding their technology use
- Keep informed about what your child is learning at school, so you can help reinforce positive messages at home.

Demonstrate responsible and balanced tech use in your own daily routine to set a good

\*Australia's physical activity and sedentary behaviour guidelines include the following recommendations for children between 5-17 years-old regarding sedentary recreational screen time:

unstructured play and time with friends and family, face-to-face.\*

- no more than 2 hours of sedentary recreational screen time per day
- avoiding screen time 1 hour before sleep

example for your child.

keeping screens out of the bedroom.

Source: Australia's physical activity and sedentary behaviour guidelines, <a href="https://www.health.gov.au/topics/physical-activity-and-exercise/physical-activity-and-exercise-physical

#### Support for parents and carers

To learn more about how to support the safe, intentional and responsible use of digital technologies at home, the eSafety Commissioner provides advice for parents, and outlines available counselling and support services.



### Personal devices at Blackburn High School

Blackburn High School operates a Bring Your Own Device (BYOD) program. Parents/carers are invited to purchase or supply a device for their child to bring to school. We have made special arrangements with Learning with Technology (LWT) who offer discounted prices for the lease or purchase of devices for our students.

#### **Technical specifications for BYOD devices**

To ensure smooth and reliable technology access and student support, we have set the following technical specifications for all personal devices. If purchasing or supplying a personal device to use at Blackburn High School, please ensure that it complies with the following specifications:

#### **Recommended Devices Portal**

Students are welcome to bring an alternative device with the following features:

#### Required device features:

- At least Intel i3, AMD Ryzen or above.
- Minimum 8GB of memory, 16GB recommended.
- Internal Drive minimum of 128GB of storage.
- Screen size must be above 12" and no more than 16" in size.
- Must have a protective cover and carry case.
- Run Windows 11 or Apple OSX, Android or iOS updated advice can be found here.
- Recommended to have a suitable warranty period and cover for accidental damage and battery life

#### Behavioural Expectations – Personal devices

When bringing a personal device to schools, students must ensure that:

- it is fully charged each morning
- it is carried to school with appropriate care in a carry case and stored in lockable storage when not in use
- any physical device damage is immediately reported and if necessary, repaired
- it is clearly labelled with the student's name and class

#### Supports and services provided

Blackburn High School will provide the following technical support services for personal devices brought to school:

- Support to access software such as Microsoft Office 365.
- Connecting devices to the internet
- Providing student log-in credentials to access the schools network, including a school email account

Please note that our school <u>does not have insurance</u> to cover accidental damage to students' devices, and parents/carers are encouraged to consider obtaining their own insurance for their child's device.

Students, parents and carers who would like more information or assistance regarding our BYOD program are encouraged to contact blackburn.hs@education.vic.gov.au

## Digital technology at Blackburn High School For students



### What we expect

Below are our expectations of students at Blackburn High School when using digital technologies.

#### Be safe

#### At Blackburn High School we protect personal information and keep safe online.

#### We do this by:



- Not sharing our password or using someone else's username or password.
- Logging out of our devices when they are not in use.
- Restricting the personal information we post online, including images and videos.

#### At Blackburn High School, we are kind and show respect to others when using technology.

#### Be respectful

Be responsible

#### We do this by:

- Acting with kindness and never bullying or impersonating others online.
- Thinking about how our words might make others feel before we say or write them.
- Only taking photos or recordings of others when they are aware and have given us permission
- Seeking permission before sharing others' information online.
- Never using a generative artificial intelligence (AI) tool to upload or generate images of a student, parent, or teacher.

#### At Blackburn High School, we are honest, handle technology with care and follow the school rules.

#### We do this by:

- Handling devices with care and not interfering with school-managed network or security settings, other people's work, or devices we don't own.
- Following the terms and conditions of any digital tool we use.

## Not downloading or using inappropriate programs like games, or programs/networks designed

- to bypass the school's internet and content restrictions. Not using technology to cheat or steal, and always acknowledging when we use information
- sourced from others or generate content using AI tools.
- Turning off and securely storing our mobile phone during school hours.
- Ensuring a healthy balance between screen time and offline activities at school.
- Using laptops for class work as directed by the teacher. Laptops should be kept in lockers during recess and lunchtime.
- Use earphones only as directed by the teacher students should not listen to music at school unless related to the curriculum.
- Regularly check your school email account, along with XUNO timetable, learning tasks and events.

### Ask for help

#### At Blackburn High School, we ask for help if we feel unsure or see something inappropriate.

## We do this by talking to a teacher or a trusted adult if:



- We feel uncomfortable or unsafe.
- We see others participating in unsafe, inappropriate, or hurtful online behaviour.
- We notice any damage to school technologies.
- We need help understanding about a digital tool or how it can be used.

#### **Support for students:**

For useful information to help you stay safe online, the e-Safety Commissioner provides information for young people, and outlines available counselling and support services.



#### Instructions

• Students are encouraged to speak with their parents or teachers to discuss the agreement.

I understand and commit to uphold the expectations on me as a student a Blackburn High School when using digital technology.

I will do my best to:

- **be safe** to protect personal information and keep safe online.
- **be respectful** and kind to others when using technology.
- **be responsible** by demonstrating honesty, handling technology with care and following the school rules.
- **ask for help** *if I feel unsure or see something inappropriate.*

I will abide by copyright restrictions and ensure I do not have any inappropriate or illegal content on my device.

I will continue to learn about how to use digital technology in a safe and responsible way.

I permit the school to use my/my child's data to improve student learning. This includes allowing third part organisation such as Xuno, Edutest and Microsoft, and those with the Department of Education agreements, to store my data for school use only.

I have read and understand the Acceptable Use Agreement.